

FREE EVENT FOR WOMEN OF ALL AGES

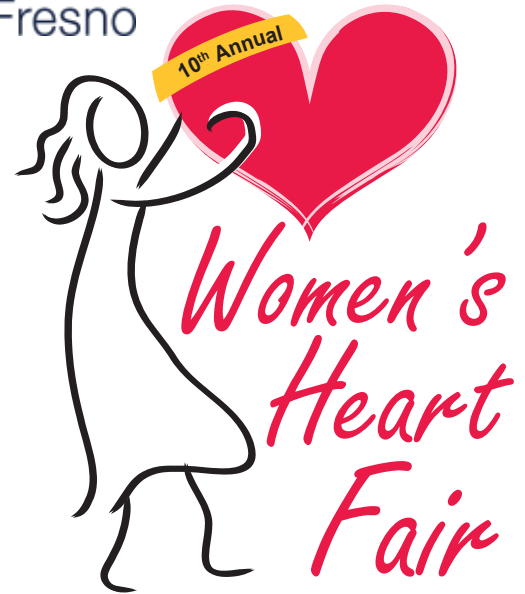
10th Annual

Women's Heart Fair

Saturday, Feb. 24, 2024
10am - 2pm

UCSF Fresno
155 N. Fresno St,
Fresno, CA 93701

UCSF Fresno



Enjoy free heart health lectures, wellness tips, and a soothing spa treatment at the UCSF Fresno Women's Heart Fair.

- ♥ Heart Health Lectures
- ♥ Relaxing Spa Treatments
Courtesy of Paul Mitchell Salon
- ♥ Interactive Exercise Class
- ♥ Free Healthy Lunch

All attendees can enter to win free prizes and gifts!



Register by Feb. 21, 2024

Scan the Code, or visit us online at.
<https://HeartFair10.eventbrite.com>

Topics and Speakers



Women and Heart Disease

Teresa Daniele, MD, FACC

Chief of Cardiology, UCSF Fresno
Medical Director, Women's Center for
Cardiovascular Health, Associate
Professor of Clinical Medicine, UCSF



Racing Heart and Atrial Fibrillation

Brandon Woodbury, MD

Assistant Clinical Professor of
Cardiology, UCSF Fresno



Unique Risk Factors of Stroke in Women

Nazeem Sultan, MD, FCSC-E

Stroke Neurologist and Women's
Neurology Specialist, Community
Neurosciences Institute/ Community
Health Partner



Understanding the Origins and Effects of Trauma to Achieve Wholesome Health: Integrating Mind, Body and Spirit

Stella Akem, MSN, APRN, CHFNP, Full Health Wellness Practitioner, Mind, Body, Spirit, Integration Advocate

We care about heart health.
And we think you should too!

This Heart Fair is sponsored by:

UCSF Fresno



PAUL MITCHELL
the school
F R E S N O